Blakestown Community Resource Centre – Activities | Find us on Facebook: Blakestowncrc | 2024

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
	Hall	Room 1	Hall	Room 1	Hall	Room 1	Hall	Room 1	Hall	Room 1	Hall	Room 1
09:00-10:00am		ESOL					Slimming World					
10:00-11:00am	Parent and Baby Fitness	ESOL	Zumba Gold		Parent and Baby Fitness		Slimming World	Pilates	Parent and Baby Fitness	Pilates		
11:00-12:00am	Avisa W/Football	ESOL		Chair Yoga	Art Class	Avista		Pilates	Avista			
12:00-13:00pm		ESOL			Art Class	Avista		Avista Yoga				
13:00-14:00pm						Swinging Sixties Active Retirement			Muslim Friday Prayer		Fit Kids Fit Teens	
14:00-15:00pm						Swinging Sixties Active Retirement		Knit & Natter			Fit Kids Fit Teens	
15:00-16:00pm	Gymnastics 3:45pm Start				Foiroige		Gymnastics 3:45pm Start	Knit & Natter		Noroc Art Class	Empire Dance	
16:00-17:00pm	Gymnastics	Foiroige	Bergin Irish Dancing		Slimming World		Gymnastics		Gymnastics	Noroc Art Class	Empire Dance	
17:00-18:00pm	Gymnastics	Foiroige	Foiroige		Slimming World		Gymnastics		Gymnastics			
18:00-19:00pm	Gymnastics	Foiroige	Foiroige	We Can Quit (Smoking)	Slimming World		Gymnastics 6:45pm Finish		Gymnastics			
19:00-20:00pm	Gymnastics 7:45pm Finish		Zumba Adults		Slimming World		Bergin Irish Dancing	Ladies Group	Gymnastics			
20:00-21:00pm	Fit Kids Fit Teens	Al-Anon	Ballroom Dancing	N-Anon	Slimming World		Bergin Irish Dancing	Ladies Group				
21:00-22:00pm	Fit Kids Fit Teens		Ballroom Dancing									